



Reducing Parental Conflict - Challenge Fund 2

Summary of Awarded Initiatives

Supporting Diverse Families Strand

Awarded organisation	Initiative Title	Initiative Summary
The Write Time	Take Charge of Your Life ('Take Charge')	Take Charge is a 6-week programme for parents of SEND children to develop their relationships and prevent/ mitigate family breakdown. Through robust assessment and evaluation, the aim is to demonstrate a viable model which can be implemented nationwide. Participants will come from provision and referrals from partners located in South London including SEN teams.
Coram (Thomas Coram Foundation for Children)	Relational therapy solutions with families facing adversity.	Creative Parenting Services will combine practice to offer couples under 30 at risk of family conflict a new schools programme. Coram's three tier offer provides Child and Family Interventions, evaluation and analysis with insight into what works with disadvantaged families to pre-empt and reduce conflict, and training and dissemination of materials and tools for use as self-help or facilitated interventions. This initiative will focus on several disadvantaged families with stressors in the Camden and Lambeth area.

Intercom Trust	Family Pride South West	<p>Intercom's LGBT+ community-led initiative will take a multi-layered approach to reducing and preventing parental conflict within LGBT+ families. Intercom Trust will develop and provide a combination of individual, couple, group, and social support to parents, children, and families to engage with and address individual circumstance. The initiative will contribute to the evidence base on RPC amongst marginalised groups, develop and publish materials specifically adapted to improve relevant well-being and interpersonal skills within LGBT+ families, as well as provide a legacy of practitioner competence in the Southwest region.</p>
Herefordshire Vennture	<p>Vennture Small Schools Collaboration - Reducing and Preventing Parental Conflict in Rural populations</p>	<p>The initiative will focus on Rural families in the Herefordshire area. Working with schools, Herefordshire Vennture will develop a model to address parental conflict in dispersed, rural populations. The aim of the project is to reduce parental conflict in families engaged across rural Herefordshire, create a legacy of awareness and capability related to parental conflict across 24 rural schools and produce a model to better address parental conflict across rural communities utilising safely recruited, rigorously trained and carefully supervised volunteers.</p>
Youth Engagement Solutions	Positive Parents, Positive Kids.	<p>Youth Engagement Solutions will manage a community partnership approach that provides a range of proactive and responsive interventions to young parents/carers, aiming to provide them with the skills, mindsets, and support to prevent and manage parental conflict. This initiative will utilise a Motivational Interviewing model of intervention. The initiative will target young parents/carers (or prospective parents) from minority ethnic groups. The service will also be open to anyone with a background of offending. The reach will include several locations across the London area.</p>

Race Equality Foundation	Addressing parental conflict effectively with Black, Asian and minority ethnic families	Race Equality Foundation will deliver support to Black, Asian and minority ethnic parents across England who are experiencing parental conflict via two interventions based on learning from the evidence-based Strengthening Families Strengthening Communities Programme: An online intervention over six individual sessions with weekly facilitated online group discussion looking at parental conflict and its impact on children; and an in-person group intervention where RPC information/strategies are integrated into an evidenced-based parenting programme. Outcomes for parents will include gaining understanding what harmful conflict is and why it happens; understanding how harmful conflict impacts children's short and long term wellbeing and a reduction in frequency and intensity of conflict.
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Digital Support Strand

Awarded organisation	Initiative Title	Initiative Summary
OnePlusOne	Separating Better app	<p>OnePlusOne in partnership with National Family Mediation will co-design and produce a new app for separating parents to self-manage the separation process, thereby reducing pressure on the family court system. The app will provide practical and emotional support, serving as a single authoritative resource for navigating separation in the best interests of the children involved.</p> <p>The app will also provide support and advice with practical aspects of separation, such as: Childcare arrangements, financial arrangements, legal agreements and child support. Parents will be able to track the practical steps they need to take, with tools to guide them through everything from budgeting and legal arrangements to making a parenting plan.</p>

Relate	We Can Relate	Relate will develop a toolkit of appropriate self-help tools and service delivery focused on reducing parental conflict, delivered through innovative digital mechanisms such as Artificial Intelligence (AI), by creating a chatbot integrated into Relate's website. The initiative aims to create a 'menu' of services for parents that takes into account their individual circumstances, with a focus on parents who are experiencing/have experienced separation. A national database for professionals will be created, to allow signposting of parents towards RPC tools.
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